Dear Parents

You will notice that our 2013 4-H summer programs are offering week long day camps, 3-day programs and single day summer programs focused on specific topic areas. This will offer youth an opportunity to gain more knowledge and skills in the subjects they are most interested in.

We welcome parents to participate in summer programs with your child/children, but we ask that younger siblings not attend or that you remove them from instructional areas if they become disruptive. It is important that our instructors are able to teach their programs without disruptions. Thank you for your participation, support and understanding!

April B. Dillon
Extension Agent: 4-H Youth Development
Ages 9 & Up

HEALTHY CHAMPION CHALLENGE
Date:  June 17-21   Time:  Mon-Thurs: 9:00am - 3:00pm  ** Friday: 9:00am - 12:00pm   Ages: 9-13   Cost: $35.00
Location:  James Warren Citizen Center

Are you up to the Challenge? Participate in exciting hands-on nutrition and physical activity experiences. Activities will include: visiting local farmer's market, farms and touring a state of the art grocery store. You will be learning nutritional facts and information about locally grown fruits and vegetables, as well as how to preserve some of these foods. In addition you will be planning menus and practicing food preparation techniques. Physical activities will be incorporated by participating in the 10,000 Steps-a-Day Challenge and Tia Chi. (Please wear closed toe walking shoes every day). Lunch will be prepared each day by the participants. ** NOTICE the time difference on Friday, June 21st!

Location:  James Warren Citizen Center

Cost:  $35.00  (plus money for supper & lunch - souvenirs too)

ZOO SNOOZE
Date:  June 28-29 (overnight)   Time:  (6/28) 4:30pm departure – (6/29) 5:00pm return   Ages: 7-12
Location:  NC ZOO   Cost:  $40.00

This overnight adventure at the NC ZOO includes a SAFARI special presentation and activities, a light snack, an outdoor experience and a craft to take home. After a light breakfast you will continue the adventure in the N.C. Zoo’s 500-acre park. During the SAFARI experience, you will learn about giant pachyderms, striped equines and ungulates, as you discover the importance of the African Savanna. You will need to bring money for a fast food supper on Friday and lunch at the zoo on Saturday. Additional information will be mailed to participants. ** NOTICE: Departure on Friday, June 28 is at 4:30 pm from the James Warren Citizens Center at 115 W. Main Street, in Lincolnton. Returning on Saturday evening, June 29 at 5:00pm.

CLOVERBUD SCIENCE DISCOVERY
Date:  July 23-25   Time:  9:00 am - 12:00pm   Ages: 6-9   Location:  James Warren Citizen Center   Cost:  $25.00

Join us in an investigation of Surf the Web with Spiders, the Magic of Magnets and Become a Weather Wizard. Did you know: there are approximately 37,000 species of spiders around the world? You can make your own magnet? Fog is stratus type of cloud that appears very close to the ground?

THESE ARE THE PEOPLE IN YOUR NEIGHBORHOOD
Date:  July 30-August 1   Time:  9:00am - 12:00pm   Ages: 6-9   Cost:  $25.00
**Date:  August 1 (Mexico)   Time:  9:00am - 3:00pm   Location:  James Warren Citizen Center

Experience the cultures of: Day 1 (Egypt, Russia), Day 2 (Spain, Greece), Day 3 (Mexico). Learn and share their language, crafts, food, maps, flags, dress, games and music. Choose 1 of 2 countries each day. 10 participants in each country. You will prepare a food for each country. ** NOTICE: the time difference for Thursday, August 1st!

RECYCLE ARTIRE:
Date:  June 11-13   Time:  9:00am - 2:00pm   Ages: 9-18   Cost:  $20.00
Location:  James Warren Citizen Center

"One Mans' Trash is Another Mans' Treasure." Join us for 3 days of turning old clothing into treasures. 

Supplies to bring
Day 1: Please bring a 30 inch hula-hoop for day one
Day 2: Bring a simple plan/sketch of your fabric collage along with a collection of used collage materials (i.e. lace, ribbon, fabric, buttons). Background fabric, glue, needle/thread and a foam board will be provided.
Day 3: Bring a large adult USED sweater. Sewing notions and stuffing will be provided.

HEALTHY CHAMPION CHALLENGE
Date:  June 17-21   Time:  Mon-Thurs: 9:00am - 3:00pm   ** Friday: 9:00am - 12:00pm   Ages: 9-13   Cost:  $35.00
Location:  James Warren Citizen Center

Are you up to the Challenge? Participate in exciting hands-on nutrition and physical activity experiences. Activities will include: visiting local farmer's market, farms and touring a state of the art grocery store. You will be learning nutritional facts and information about locally grown fruits and vegetables, as well as how to preserve some of these foods. In addition you will be planning menus and practicing food preparation techniques. Physical activities will be incorporated by participating in the 10,000 Steps-a-Day Challenge and Tia Chi. (Please wear closed toe walking shoes every day). Lunch will be prepared each day by the participants. ** NOTICE: the time difference on Friday, June 21st!

NOTICE: Departure on Friday, June 28 is at 4:30 pm from the James Warren Citizens Center at 115 W. Main Street, in Lincolnton. Returning on Saturday evening, June 29 at 5:00pm.
**COLLAGE BOUND**

**Date:** Monday, June 10  
**Time:** 9:00am - 4:00pm  
**Ages:** 13-18  
**Cost:** Free  
**Location:** James Warren Citizen Center

What will make your college, scholarship, internship or job application and interview stand above the rest? Youth will polish their resumes, write a personal statement, write letters of interest, and practice interview skills. What leadership, college and scholarship opportunities exist for you, now and in the future? Learn how to present your best self! Bring a bag lunch and drink and interview clothes!  

**MINI SOCIETY**

**Date:** August 5-9  
**Time:** 9:00am - 1:30pm  
**Ages:** 9-13  
**Cost:** $50.00  
**Location:** James Warren Citizen Center

Youth will create their own Mini-Society and earn money through mini-businesses you create! You will have the chance to name your town, create a system for earning money, design your own money, apply for jobs and you may even be the mayor! Participants will have the chance to learn economic and business basics by creating a business and will buy and sell among themselves (no outside selling). The week ends with an auction where youth will have the chance to buy real items to take home and continue using mini-society dollars earned during the week. This camp will involve walking short distances in town and possibly transportation by county 4-H Staff.

**HEALTH ROCKS/TRY-IT**

**Date:** Tuesday, August 6  
**Time:** 9:00am - 3:00pm  
**Ages:** 13 and up  
**Cost:** $10.00  
**Location:** James Warren Citizen Center

Teens, in a partnership with an adult volunteer will be trained to teach 4-H curriculum to younger youth in the community. A team is 3-5 youth and 1-2 adults. Once your team is trained, any 4-H curriculum can be used for subject matter. We will utilize the Health Rocks! Curriculum which focuses on helping youth ages 8-13 to make healthy lifestyle choices. The Health Rocks! Programming requires a commitment of 10 hours in any educational setting (i.e. 4-H clubs, special interest, school enrichment & after-school, day camps, etc.)
**North Carolina 4-H Specialty Camps - 2013**

*Check each camp's website for more details and registration forms*

**Betsy Jeff Penn 4-H Center**—[www.bjpenn.org](http://www.bjpenn.org)
- Cloverbud (ages 5-8) June 23-26 July 15-18 $180
- Trekkers (ages 13-14) Every week of 4-H Camp
  - Day Camp: Every week of 4-H Camp $130/wk. or 2 wks @ $240

**Swannanoa 4-H Center**—[www.nc4-h.org/centers/swannanoa](http://www.nc4-h.org/centers/swannanoa)
- Ten (10) weeks of day camp are available beginning June 9-Aug 6 $140
  - Camp Corral ages 8-15: August 4 - No Charge

**Millstone 4-H Camp**—[www.nc4-h.org/centers/millstone-4-h-camp](http://www.nc4-h.org/centers/millstone-4-h-camp)
- Fur, Fish & Game Rendezvous (ages 11-16) July 7-12 $385
- 4-H Horsemanship Camp (ages 9-19) June 16-21 $385
- Camp Corral (ages 8-15) July 14-19 No Charge
- Target Shooting Sports (ages 10-16) July 21-26 $420
- LIT Program ages 15-17, June 23, July 14, 21, 28 $420

**Sertoma 4-H Center**—[www.sertoma4-h.org](http://www.sertoma4-h.org)
- Ten (10) weeks of day camp are available beginning June 2-Aug 6 $140
  - Camp Corral ages 8-15: August 4 - No Charge

**Eastern 4-H**—[www.eastern4-h.org](http://www.eastern4-h.org)
- 4-H Adventure Camp (ages 13-14) June 16, 23, July 21, 28 $460
- Cloverbud Camp (ages 5-8) July 14-19 $390
- Camp Corral (ages 8-15) No Charge
- Marine Science & Sailing (ages 12-17) July 14-19 $460
- Camp Canvassack (ages 10-17) July 14-19 $460
- Call O. Fleet Chase Luber for information on scholarships at chase_luber@ncsu.edu or 252-797-4260

For more information go to: [www.nc4-h.org/centers](http://www.nc4-h.org/centers)
Summer Ventures Registration Form
Deadline for registration is May 24, 2013

Complete this registration page and return with payment, enrollment & notarized medical forms to:
4-H Lincoln County Center
James Warren Citizen Center
115 W. Main Street
Lincolnton, NC 28092

Deadline registration is: Friday, May 24, 2013
For more information, contact: April Dillon, Extension Agent 4-H Youth Development
OR:
Fran Senter, 4-H Program Associate at: 704-736-8458

(medical forms can be notarized, at no charge, at the 4-H Office if parent or legal guardian is present to sign the form.
Forms can be found on-line at: http://www.nc4h.org/uploads/documents/publications/forms/4-H_medical.pdf

Participan ts Name: ___________________________________________  Parent Name: ___________________________  Phone #: ___________________________

ART CLASSES are through the Arts Council of Lincoln County, Contact: artslincolnnc@gmail.com

CAMPS AGES 6-9
☐ Zoo Snooze (overnight trip)  ages 7-12  Friday, June 28  leave 4:30 pm  Saturday, June 29  return 5:00 pm  $40.00
☐ Cloverbud Science Discovery  ages 6-9  July 23-15  9:00 am - 12:00 pm  $25.00
☐ These are the People in Your Neighborhood  ages 6-9  July 30 & 31  9:00 am - 12:00 pm  $25.00
( Neighborhood day 3 )  Time Change
☐ Egypt ☐ Russia  Wednesday--choose one  ☐ Spain ☐ Greece

CAMPS AGES 9 & UP
☐ Recycle Art  ages 9-18  June 11-13  9:00 am - 2:00 pm  $20.00
☐ Healthy Champion Challenge  ages 9-13  June 17-20  9:00 am - 3:00 pm
  ** Healthy Champion Challenge Day 5  TIME CHANGE  Friday, June 21  9:00 am - 12:00 pm  $35.00
☐ Reading Makes $Cents  ages 8-10  July 16-18  9:00 am - 12:00 pm  $15.00
☐ Mini Society  ages 9-13  August 5 - 9  9:00 am - 1:30 pm  $50.00

CAMPS AGES 13 & UP
☐ College Bound  ages 13-18  Monday, June 10 (only)  9:00 am - 3:00 pm  FREE
☐ College Trek (Lincoln County 4-H Office)  High School Students  Monday, June 10  9:00 am - 4:00 pm
☐ Catawba County 4-H Office & Overnight  Tues. - Wed. June 11-13  Overnight  $75.00
☐ Health Rocks / TRY-IT  ages 13 & up  Tuesday, Aug. 6 (1 day only)  9:00 am - 3:00 pm  $10.00

☐ $1.00 Registration FEE FOR INSURANCE MUST BE INCLUDED

ADD  $1.00

Total Due _

(2)
4-H Enrollment Form

Name of 4-H Group/Unit: ____________________________ Year: ____________

Member Name: _____________________________________

First Middle Last

Address: __________________________________________

Street Address City State Zip Code

Phone: (____) _______ Email: ________________________

Gender*: □ Male □ Female Date of Birth: ____________ Grade: _______ School Attending: ________________

Do you live*: □ Farm □ City over 50,000 people
(Choose only one) □ Town under 10,000 people or rural non-farm □ Suburbs of city over 50,000 people
□ City 10,000-50,000 people □ Military installation: ______________________

Do you have parent/guardian(s) active in the military? Yes___ No____
If yes, circle all that apply: Army Air Force Navy Marines Coast Guard National Guard(Air & Army) Reserves

Ethnic group: A. Choose One: □ Hispanic or Latino □ Non-Hispanic or Latino

B. Choose all that apply:

□ White or Caucasian □ Asian
□ Black or African-American □ Native Hawaiian or other Pacific Islander
□ American Indian or Alaska Native □ Other ________

Parent or Guardian: _______________________________________

Address: ______________________________________________

First Middle Last

Street Address City State Zip Code

Phone: (____) _______ Area Code Daytime/Cell phone (____) _______ Area Code Home phone

Email (if applicable) ______________________

Additional Parent or Guardian: _______________________________________

Address: ______________________________________________

First Middle Last

Street Address City State Zip Code

Phone: (____) _______ Area Code Daytime/Cell phone (____) _______ Area Code Home phone

Email (if applicable) ______________________

1. A parent or guardian should sign below whichever statements you wish to apply to the youth’s involvement in 4-H programs.

□ I agree to allow 4-H to take photographs of my child for use in 4-H and other N.C. Cooperative Extension educational, promotional, and/or marketing materials. Neither individual addresses nor telephone numbers will be published within these materials.

□ I do not wish for 4-H to take photographs of my child for use in 4-H or N.C. Cooperative Extension educational, promotional or marketing purposes.

2. The enrolling youth is bound by the NC 4-H Code of Conduct and Disciplinary Procedure for 4-H events and activities. The youth should initial here if he/she has received and reviewed the NC 4-H Code of Conduct and Disciplinary Procedure for 4-H events and activities: ____________.

*This information is required for all federally assisted programs and is solely used for the purpose of determining compliance with Federal civil rights laws; your response will not affect consideration of your application. By providing this information, you will assist us in assuring that this program is administered in a nondiscriminatory manner.

For office use only

4-H Membership # __________________________ Date entered: ____________
4-H MEDICAL INFORMATION AND INFORMED CONSENT FOR TREATMENT
FOR NC 4-H SPONSORED EVENTS

4-H’ers Name __________________________________________

PLEASE READ AND COMPLETE THE FOLLOWING FORM. THIS FORM MUST BE PRESENTED AT THE
OFFICIAL REGISTRATION FOR THE 4-H SPONSORED EVENT BEING ATTENDED.

I.  Medical Information

Known allergies to foods, drugs, insect stings or bites, etc: __________________________________________

Special medical concerns or conditions that event supervisors should know about, including contagious illnesses, epilepsy, asthma, diabetes, previous injuries to bones/joints, etc: __________________________________________

List special dietary needs: __________________________________________

Medications currently being taken (name of medication, dose, and frequency): ______________________________

Family Physician: Name ____________________________ Phone # (___) __________________

Address __________________________________________

II.  Insurance Information

The 4-H program purchases insurance for youth participants for many sponsored events. In some cases, this coverage will not pay for some medical expenses and it may be necessary to bill the family or your insurance company.

Health Insurance Company __________________________________________ Health Insurance Policy # ____________________________

Company Address ____________________________ Phone Company Telephone Number (___) ____________________________

III.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact [name, office] at [phone number/TTY] during business hours of 8 a.m. and 5 p.m. to discuss accommodations at least [hours/days] prior to the activity.

Signatures Acknowledging Parts I, II, and III

Parent’s/Guardian’s signature ____________________________ Date: ____________________________

Participant’s Signature: ____________________________ Date: ____________________________

Parent/Guardian telephone #: Home ____________________________ Work ____________________________

1 of 2

Must be completed each year by 4-H’er and Parent/Guardian. If health history changes within that year, it is the 4-H’er & Parent/Guardian’s responsibility for updating information.

Approved as of 3/02/06
IV. Informed Consent

In the event that a participant needs minor medical care from 4-H or more significant medical care from a qualified health care provider, including in rare cases possible hospitalization and/or surgery, the parent/guardian is asked to sign the informed consent form below. In case of serious medical condition, 4-H will make every effort to notify the parents, but the first priority may be providing care to the participant.

Authorization to Consent to Health Care for Minor

I, ________________________________, of ________________________, County, am the custodial parent having legal custody of ________________________, a minor child, age ________, born ________________________. I authorize any adult(s) acting as agents (including official volunteers) or employees of the ________________________ 4-H program and in whose care the minor child has been entrusted, to do any acts which may be necessary or proper to provide for the health care of the minor child, including, but not limited to, the power (i) to provide for such health care at any hospital or other institution, or the employing of any physician, dentist, nurse, or other person for such health care, and (ii) to consent to and authorize any health care, including administration of anesthesia, X-ray examination, performance of operations, and other procedures by physicians, dentists, and other medical personnel except the withholding or withdrawal of life sustaining procedures.

This consent shall be effective for one year from the date of the execution.

Custodial Parent Signature ________________________________ Date ______

STATE OF NORTH CAROLINA
COUNTY OF ________________________

On this _______ day of ____________, 20____, personally appeared before me the said named, ________________________, to me known and known to me to be the person described in and who executed the foregoing instrument and he (or she) acknowledged that he (or she) executed the same and being duly sworn by me, made oath that the statements in the foregoing instrument are true.

My commission expires ________________________, 20____.

______________________________
Notary Public

(OFICIAL SEAL)
Arts Council of Lincoln County is located in the Lincoln Cultural Center 403 East Main Street Downtown Lincolnton

To learn more about the 2013 Summer Art Camps Visit: artslincolnncc@gmail.com Or call: Laurie Bostian at: 704-732-9044 Register for Classes on-line at: www.artslincolnncc.org
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Art Camp Name</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 10-11</td>
<td>12:30-3:30pm</td>
<td>ROUND AND ROUND</td>
<td>We’ll be doing art projects of all sorts with two things in common: CIRCLES and COLOR! Painted circles, dyed circles, sculpted circles, sketched circles! You won’t believe what fun you can have with this very basic shape!</td>
</tr>
<tr>
<td>June 17-18</td>
<td>12:30-3:30pm</td>
<td>SUBLIME SELF-PORTRAITS</td>
<td>We’ll make unconventional self-portraits that say more about who we are and what we love than you might expect. Learn the value of planning in this easy and fun art project! Framed artwork goes home!</td>
</tr>
<tr>
<td>June 24-25</td>
<td>12:30-3:30pm</td>
<td>POTTERY</td>
<td>Use your creative mind and a paintbrush to decorate your pottery in this fun summer art camp! No matter the vessel, you’re limited only by your imagination! The cost of pre-made pottery is included.</td>
</tr>
<tr>
<td>July 8-9</td>
<td>12:30-3:30pm</td>
<td>ZENTANGLING</td>
<td>You cannot miss this art camp! Experience the art of zentangle: a relaxing, fun, interesting way to create beautiful images by drawing structured patterns. They’re beautiful and mysterious and easy to make!</td>
</tr>
<tr>
<td>July 15-16</td>
<td>12:30-3:30pm</td>
<td>WAX PAINTING</td>
<td>This introduction to encaustics is a cool and colorful project for kids! You really have to be careful in the heat of summer... your crayons just might melt. But then that COULD be a good thing! This art project is simply TOO MUCH FUN!</td>
</tr>
<tr>
<td>July 22-23</td>
<td>12:30-3:30pm</td>
<td>WACKY WATERCOLOR</td>
<td>Learn the beauty of progressive watercolor techniques...simplified and demystified! We will learn a variety of watercolor techniques, including washes and resist, to create beautiful watercolor works of art! Simple enough for young beginners!</td>
</tr>
<tr>
<td>July 29-30</td>
<td>12:30-3:30pm</td>
<td>STRIKING STRAW ART</td>
<td>Who says painting requires a paint brush? Find out just how far you can grow your painting techniques when the paintbrush is gone! We will create surprisingly splendid spray art using straws and other tools.</td>
</tr>
</tbody>
</table>

Contact:
Laurie Bostian
Arts Council of Lincoln County
artslincolnnc@gmail.com
Register for Summer Art Camps online!