



2023 ENTRY FORMS &
INFORMATION PACKET
Deadline March 22nd



PARKS & RECREATION



LINCOLN CULTURAL CENTER



Contact Information:

Missy Calloway
Lincoln County Parks & Recreation
(704) 748-1522
Seniorgames@lincolncounty.org
www.lincolncounty.org/lcsg



GENERAL INFORMATION

Lincoln County Senior Games is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored statewide by the North Carolina Division of Aging and Adult Services

ELIGIBILITY

Lincoln County Senior Games and SilverArts are open to all Lincoln County Residents age 50+. Participants must reside in North Carolina at least 3 consecutive months out of the year. Participants must be able to show proof of NC residency. Photo ID will be required at check-in for all events. Non-residents of Lincoln County may participate upon approval from the Local Coordinator. Your age on December 31, 2023 will determine the category that you will compete in. Men and Women compete in separate categories in the following age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+. In doubles competition and in team sports, the age category is determined by the age of the youngest player. Competition in SilverArts is based on sub-category, not age.

FEES- *New Discount in 2023-Paper ONLY!*

To participate in the Lincoln County Senior Games and/or the SilverArts there is a \$12 fee. If a past participant brings a friend to sign up who is new to games (never competed in Lincoln County Senior Games), **both participants register for a total of \$12 (paper registration only, cannot be applied to online registrations)**. A facility fee will be charged for those who wish to participate in the following activities: Cycling (\$10/event), Golf (\$28 for 18 holes), Bowling (\$5/event) and the Closing Ceremony (\$5). There is also a \$5 GUEST fee for the Closing Celebration. These facility fees are in addition to the entry fee.

REGISTRATION

Complete this entry form and submit payment to Lincoln County Parks and Recreation, no later than **Wednesday, March 22nd**. Each individual, including both doubles partners and all team members, must submit a completed entry form with total payment to Lincoln County Parks and Recreation. *The deadline is strictly enforced in fairness to all participants.*

Entry Forms can be dropped off at the following locations:

Lincoln County Parks and Recreation
302 N Academy St. Suite B
Lincolnton, NC 28092

Lincoln County Senior Center
612 Center Dr.
Lincolnton, NC 28092

East Lincoln Community Center
8160 Optimist Club Rd.
Denver, NC 28037

Or Mailed to:

Lincoln County Parks and Recreation
P.O. Box 25
Lincolnton, NC 28093

Registration can also be completed at torch.ncseniorgames.org. If you need assistance, call (704) 748-1522.



ATHLETIC EVENT INFORMATION

RULES

All events will be conducted in accordance with the 2023 edition of the North Carolina Senior Games, Inc. Official Rule Book. The official rules for Athletic Events, SilverArts, Performing Arts and Cheerleading are located at www.lincolncounty.org/lcsg.

EVENT INFORMATION

All participants should report to their events at least 15 minutes early to pick up registration information. All participants must sign in and show a photo ID at each event. For outdoor events, it is recommended to bring a chair.

It is **IMPERATIVE** that participants notify your Local Coordinator if you **WILL NOT** be able to attend an event you are registered for. Please call (704) 748-1522 if you will not be at your competition.

TOURNAMENT INFORMATION

All brackets will be available at the check-in time of each event. Participants who do not check in by the scheduled starting time will forfeit that event. Participants are also responsible for remaining at the tournament events until they have completed their competition.

INCLEMENT WEATHER

In case of inclement weather, call Lincoln County Parks and Recreation at 704-748-1518 or check the Lincoln County Senior Games Facebook page for updates. Unless conditions are hazardous to the safety of volunteers and participants, events will continue.

AWARDS

We will be using the same medal as 2022. If you did not receive a medal in 2022 or need a replacement, we will have those available. Each participant who finishes 1st, 2nd, or 3rd in each age group, male and female, will receive a gold, silver, or bronze star to add to their medal lanyard. Medals/Stars will be available at the conclusion of most events. Items not picked up at each event may be picked up at Closing Celebration.

QUALIFYING FOR STATE FINALS

Local Games participants who complete their sport event(s) and score will qualify for State Finals. No score is necessary for tournament or team sports.



SilverArts INFORMATION

**** For a full list of Silver Arts, Performing Arts, and Cheerleading rules, please see the Silver Arts Information Packet located on the Lincoln County website www.lincolncounty.org/lcsg****

SILVERARTS SHOWCASE

Tuesday, April 4th-Monday, April 17th

Lincoln County Cultural Center
403 E. Main Street
Lincolnton, NC 28092

Tuesday, April 18-Tuesday, May 9th

Lincoln County Senior Center
612 Center Drive,
Lincolnton, NC 28092

SilverArts participants will drop off their entries at the Lincoln County Senior Center on **Monday, April 3rd from 9am-4pm**. The SilverArts Gallery at the Lincoln County Cultural Center will then open to the public on Tuesday, April 4th. **The SilverArts Award Night** hosted by the Arts Council of Lincoln County, will be held at the Lincoln County Cultural Center on **Thursday, April 6th at 6pm**. Winners will be announced that evening and ribbons will be placed on items for the duration of the showcases. The gallery will then be moved to the Lincoln County Senior Center to be on display until Tuesday, May 9th. All SilverArts entries can be picked up following the Closing Celebration on Wednesday, May 10th or from the Parks and Recreation office on Thursday, May 11th.

HERITAGE ARTS

Sub-Categories: Basket Weaving, Crocheting, General Fiber Arts, Jewelry, Knitting, Needlework, Pottery (hand built or thrown), Quilting (hand stitched), Quilting (machine stitched), Stained Glass, Tole & Decorative Painting, Weaving, Woodcarving, Woodturning, and Woodworking.

VISUAL ARTS

Sub-categories: Acrylics, Digital Arts, Drawing, Mixed Media, Oil, Pastels, Photography, Sculpture, Watercolor

LITERARY ARTS

Sub-categories: Essay, Life Experience, Poem, Short Story-Fiction

CLOSING CELEBRATION featuring PERFORMING ARTS & CHEERLEADER SHOWCASE

Wednesday, May 10th, 6pm

Rehearsal at 12pm

Lincoln County Citizen Center
115 W Main St, Lincolnton, NC 28092

The Performing Arts & Cheerleading portion of the SilverArts will take place at the Lincoln County Citizens Center on Wednesday, May 10th at 6pm. Dinner will be served prior to the performances.

Sub-Categories: Comedy/Drama, Dance, Instrumental, Line Dance, Vocal.

QUALIFYING FOR STATE FINALS

In SilverArts, **ONLY** the 1st, 2nd & 3rd place finishers in Heritage & Visual Arts, the 1st & 2nd place finishers in Literary Arts, the 1st place finisher in Cheerleading and the "Best of Show" winner in Performing Arts will qualify for State Finals competition. If for any reason the act that wins "Best of Show" can't participate at State Finals, the act that finishes as the first runner-up will have the opportunity to advance to State Finals. The performance at State Finals must be the same performance that won at the Local Games; i.e. same song, dance, music, etc.



SCHEDULE OF EVENTS *SUBJECT TO CHANGE*

Important Dates	Date	Time	Location
Registration Closes	Wednesday, March 22nd		
Opening Day	Saturday, April 1st	9am	East Lincoln Community Center
Closing Celebration/Follies	Wednesday, May 10th	6pm	Lincoln County Citizens Center
Silver Arts	Date	Time	Location
Silver Arts Drop-Off	Monday, April 3rd	9am-4pm	Lincoln County Senior Center
Silver Arts Showcase	April 4th-April 17th		Lincoln Cultural Center
Silver Arts Showcase	April 18th-May 9th		Lincoln County Senior Center
Silver Arts Awards Night	Thursday, April 6th	6pm	Lincoln County Citizens Center
Performing Arts	Date	Time	Location
Performing Arts Rehearsal	Wednesday, May 10th	12pm	Lincoln County Citizens Center
Follies Performance/Closing	Wednesday, May 10th	6pm	Lincoln County Citizens Center
Athletic Events	Date	Time	Location
Softball Throw	Saturday, April 1st	9am	East Lincoln Community Center
Football Throw	Saturday, April 1st	9am	East Lincoln Community Center
Basketball Shoot	Saturday, April 1st	9am	East Lincoln Community Center
Soccer Kick	Saturday, April 1st	9am	East Lincoln Community Center
Fun Walk-Non Competitive	Saturday, April 1st	9am	East Lincoln Community Center
Shuffleboard	Saturday, April 1st	11am	East Lincoln Community Center
Swimming	Tuesday, April 4th	9am	Lincoln County YMCA
Billiards	Wednesday, April 5th	9am	Lincoln County Senior Center
Table Tennis	Wednesday, April 5th	10am	Lincoln County Senior Center
Cycling	Thursday, April 6th	8am	Charlotte Motor Speedway
Tennis Singles	Tuesday, April 11th	9am	East Lincoln High School
Tennis Doubles	Thursday, April 13th	9am	East Lincoln High School
Bocce	Tuesday, April 18th	9am	Lincolnton Optimist
Bowling Singles	Wednesday, April 19th	9am	Spare Time
Bowling Doubles	Thursday, April 20th	9am	Spare Time
Cornhole	Saturday, April 22nd	10am	Lincoln Charter School
Track and Field, 5K Race Walk	Saturday, April 22nd	9am	Lincolnton Middle School
Mini Golf	Tuesday, April 25th	10am	Pin Station
Archery	Tuesday, April 25th	1pm	Mecklenburg Wildlife Club
10K Run	Thursday, April 27th	9am	West Lincoln Park
Horseshoes	Thursday, April 27th	10am	West Lincoln Park
Pickleball	Saturday, April 29th	9am	East Lincoln Community Center
5K Run, Power Walk	Tuesday, May 2nd	9am	Rail Trail
Golf	Wednesday, May 3rd	9am	Lincoln Country Club

EVENT ADDRESSES

Charlotte Motor Speedway
5555 Concord Pkwy S, Concord, NC 28027

Lincoln County Cultural Center
403 E. Main Street, Lincolnton, NC 28092

Lincoln Charter School
133 Eagle Nest Rd, Lincolnton, NC 28092

Lincoln Country Club
2052 Country Club Road, Lincolnton, NC 28092

Mecklenburg Wildlife
2301 Wildfire Road, Charlotte, 28214

YMCA
1402 Gaston Street, Lincolnton, NC 28092

East Lincoln Community Center
8160 Optimist Club Road, Denver, NC 28037

Pin Station
525 W A Street, Newton, NC 28658

East Lincoln High School
6471 Highway 73, Denver, NC

Lincoln County Senior Center
612 Center Drive, Lincolnton, NC 28092

Betty G Ross Park
800 Madison Street, Lincolnton, NC 28092

Lincolnton Optimist Park
1600 Startown Road, Lincolnton, NC 28092

West Lincoln Park
5 369 Hulls Grove Church Road, Vale, NC 28168

Lincolnton Middle School
2361 Startown Rd, Lincolnton, NC 28092

Spare Time
16317 Statesville Rd, Huntersville, NC 28078



REGISTRATION CHECKLIST



Before you submit your registration form, please take time to review the following checklist to ensure your entry form is complete with all required information.

This is for your reference, do not submit with Entry Form.

- _____ To register for the Lincoln County Senior Games, you must turn in your completed registration form by **5pm on Wednesday, March 22nd.**
- _____ If you mail in your registration form, it must be **received by Wednesday, March 22nd**
- _____ Please make sure your name on registration matches your name on your **Drivers License, no nicknames.**
- _____ You must provide an email address on your registration form so that we can communicate with you about our local games as well as the State Finals. If you do not have an email address, please speak with a Parks and Recreation or Senior Services staff member about helping you with this process.
- _____ If you are competing in any Doubles or Mixed Doubles events, be sure your partner's name is listed on your form, and your name is listed on their form.
- _____ If you plan to attend the Closing Celebration, be sure to include that fee along with the fee for any guests you plan to bring (page 7).
- _____ Be sure you have completed and signed the Medical Waiver.
- _____ Once you complete the form, please double check all your entries for any mistakes.
- _____ You may keep the packet for reference, only turn in/mail the entry forms.
- _____ Please make checks payable to: **Lincoln County Parks and Recreation.**

NOTES: *Example: What did you sign up for?*

Thank you for participating in the 2023 Lincoln County Senior Games

OFFICE USE ONLY
 Date Received: _____
 Staff: _____
 Receipt # _____
 Amt. Pd. _____



ATHLETIC EVENT FORM

Lincoln County Senior Games is committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his or her doctor in regard to preparation for, and competition in, Senior Games or any similar activity.

Mark each event with an "X"

**Events NOT offered at NCSG State Finals

INDIVIDUAL/PARTNER SPORTS

- _____ Archery
 - _____ Conventional recurve w/site
 - _____ Conventional recurve w/site & release aid
 - _____ Conventional recurve bare bow
 - _____ Compound w/site & release aid
 - _____ Compound bare bow
 - _____ Compound w/site
- _____ Basketball Shooting
- _____ Billiards
- _____ Bocce
- _____ Bowling Singles (\$5)
- _____ Bowling Doubles (\$5)

Partner _____
- _____ Bowling Mixed Doubles (\$5)

Partner _____
- _____ Cornhole
- _____ Cycling
 - _____ 1 Mile(\$10) _____ 5K(\$10) _____ 10K(\$10)
- _____ Field Events
 - _____ Discus _____ Standing Long Jump
 - _____ Shot Put _____ Running Long Jump
- _____ Football Throw
- _____ Fun Walk (non-competitive)
- _____ Golf (\$28)
- _____ Horseshoes
- _____ Mini Golf
- _____ Pickleball Singles
- _____ Pickleball Doubles

Partner _____
- _____ Pickleball Mixed Doubles

Partner _____

- _____ Shuffleboard Singles
- _____ Shuffleboard Mixed Doubles**

Partner _____
- _____ Shuffleboard Doubles**

Partner _____
- _____ Soccer Kick**
- _____ Softball Throw
- _____ Swimming (Limit of 5 Events per participant)

_____ 50yd Backstroke	_____ 50yd Breaststroke
_____ 100yd Backstroke	_____ 100yd Breaststroke
_____ 200yd Backstroke	_____ 200yd Breaststroke
_____ 50yd Freestyle	_____ 50yd Butterfly
_____ 100yd Freestyle	_____ 100yd Butterfly
_____ 200yd Freestyle	_____ 200yd Butterfly
_____ 500yd Freestyle	
_____ 100yd Individual Medley	
_____ 200yd Individual Medley	
_____ 400yd Individual Medley	
- _____ Table Tennis Singles
- _____ Table Tennis Doubles

Partner _____
- _____ Table Tennis Mixed Doubles

Partner _____
- _____ Tennis Singles
- _____ Tennis Doubles

Partner _____
- _____ Tennis Mixed Doubles

Partner _____
- _____ Track

_____ 50M Dash	_____ 100M Dash
_____ 200M Dash	_____ 400M Dash
_____ 800M Dash	_____ 1500M Dash
_____ 5K Run	_____ 10K Run
_____ 1500M Power Walk	_____ 5K Power Walk
_____ 1500M Race Walk	_____ 5K Race Walk

TEAM SPORTS

- _____ Softball _____ Basketball

Practice & Game Dates will be determined following close of Registration



SilverArts FORM

Please read ALL SilverArts information & rules before completing, located at www.lincolncounty.org/lcsg. Silver Artists must complete this page and return with the Entry Form by March 22nd. Participants may enter 2 items in each sub-category, please copy and complete additional pages as needed.

By completing this form, you are giving Lincoln County Senior Games staff and volunteers permission to transport your entry. While extreme care will be taken, we cannot be responsible for any items that may be damaged while in our possession. Please include packaging material with your entry when turned in.

HERITAGE ARTS: *Sub-Categories: Basket Weaving, Crocheting, General Fiber Arts, Jewelry, Knitting, Needlework, Pottery (hand built or thrown), Quilting (hand stitched), Quilting (machine stitched), Stained Glass, Tole & Decorative Painting, Weaving, Woodcarving, Woodturning, and Woodworking.*

Title _____ Sub-Category _____

Description: _____ # pieces in set _____

Title _____ Sub-Category _____

Description: _____ # pieces in set _____

Title _____ Sub-Category _____

Description: _____ # pieces in set _____

VISUAL ARTS: *Sub-Categories: Acrylics, Digital Art, Drawing, Mixed Media, Oil, Pastels, Photography, Sculpture, Watercolor*

Title _____ Sub-Category _____

Description: _____ # pieces in set _____

Title _____ Sub-Category _____

Description: _____ # pieces in set _____

Title _____ Sub-Category _____

Description: _____ # pieces in set _____

LITERARY ARTS: *Sub-Categories: Essay, Life Experience, Poem, Short Story-Fiction*

Title _____ Sub-Category _____

Title _____ Sub-Category _____

Title _____ Sub-Category _____

PERFORMING ARTS / CHEERLEADERS: ***You are only allowed to enter 3 Performing Arts acts**
Each member of the group must complete an Entry Form, pay entry fee, and complete information below.
GROUP LEADERS and SOLO performers will be contacted for additional information.
Maximum Time: Performers (3 minutes), Cheerleaders (4 minutes).*

NAME of Act _____ Are you Group Leader? ____Yes ____No

Size: ____Solo ____Small Group (2-4) ____Large Group (5+)

NAME of Act _____ Are you Group Leader? ____Yes ____No

Size: ____Solo ____Small Group (2-4) ____Large Group (5+)

NAME of Act _____ Are you Group Leader? ____Yes ____No

Size: ____Solo ____Small Group (2-4) ____Large Group (5+)

MEDICAL WAIVER
(Must be completed by all participants)



Name (print) _____

Emergency Contact's Name: _____ Phone #: _____

Emergency Contact's Name: _____ Phone #: _____

Health information for all participants (optional)

This information may be shared with medical providers for your care during the Games.

Names of Medication(s): _____

Any Medical Condition(s): _____

Any Allergies: _____

I, the undersigned, acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only in my actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or any other equipment used. I also agree that prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything is unsafe, I will advise the event manager of such condition(s) and refuse to participate. Further, I acknowledge that there may be other risks not known to us or nor reasonable foreseeable at this time and I assume all the forgoing risk and accept personal responsibility for the damages following such injury, permanent disability or death. I release, waive discharge and covenant not to sue Lincoln County, participating agencies, other participants, sponsors, and if applicable, owners and leasers of premises used to conduct the event, from any and all liability to myself, my heirs and next of kin for any claims, demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

I agree to give Lincoln County the right to use any photographs or video taken of me, or quote made by me in order to promote the Lincoln County programs.

I have read the above waiver and release, understand that I have given up substantial rights by signing it, and signed voluntarily. Furthermore, all information is correct to the best of my knowledge and I will follow the mission of Lincoln and North Carolina Senior Games and their rules.

Signature

Date

STATE FINALS RESPONSIBILITY

I understand that it is my responsibility to check with my local Senior Games Coordinator immediately following my local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet if I do not have internet access. My State Finals registration with payment and all required items must be received in the NCSG office in Raleigh by 11:59 p.m. on August 1st. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

Signature

Date