

FOR IMMEDIATE RELEASE  
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***WEST LINCOLN BRANCH LIBRARY to host Pushing the Limits- reading, viewing and discussion program***

VALE, N.C.- WEST LINCOLN BRANCH LIBRARY will host a free -part reading, viewing and discussion session for adults called Pushing the Limits. The library is one of a limited number of rural public libraries nationwide receiving grants to host the series. Pushing the Limits brings together books and video featuring authors, scientists and everyday people who thrive on exploring the natural world.

The next program will be held at the West Lincoln Branch Library, 5545 West Highway 27, Vale, N.C. For details or to register, please call 704-276-9946 or visit the library.

Since the beginning of time, humans have imagined and achieved ways to push the boundaries of the physical world. We want to be stronger, smarter, and more aware, and we create stories to bring those dreams to life. But many of those stories are no longer just stories; and with great new advances in science and technology, we are finding ways in which all of us are able to push the limits every day.

The Pushing the Limits program will explore these ideas in discussions that will include feature film quality videos and recommended popular books. The overarching theme is one of real people, real stories and real science.

The next group discussion event will be held on Thursday, November 30 on the following topics and book:

**- TRANSFORMATION - David McCullough - *The Wright Brothers***

**Thursday, November 30 6:00pm – 7:30pm**

This national program has been developed by a team of library professionals, scientists, and filmmakers. Their organizations include Dartmouth College, the Association for Rural and Small Libraries, the Califa Group (a California-based library consortium), Dawson Media Group, and Oregon State University-- with generous funding from the National Science Foundation.